



## **FAST Meeting Programme (Provisional)**

**Stirling Court Hotel – Friday 29<sup>th</sup> September 2023**

### **Session 1      The Plantar Fascia**

Plantar Fasciitis – Overview and Approach? – *Mr Alastair Dall – MSK and Sports Podiatrist, Director of Footcare Scotland*

Plantar Fascia Surgery – Is there a role? - *Mr Perri Nunag – Consultant Orthopaedic Surgeon, Raigmore Hospital, Inverness*

The Conservative Management of Plantar Fibromatosis – *Ms Laura Barr – MSK Team Lead for Orthotics, Greater Glasgow and Clyde*

### **Session 2      Tumours of the Foot and Ankle**

Nail and Nailbed Tumours - How to Recognise a Melanoma – *Mr Michael Gates – Podiatry Team Lead, NHS Highland*

The Oxford Approach to Foot and Ankle Tumours - *Mr Rick Brown – Consultant Orthopaedic Surgeon, Oxford and President of British Orthopaedic Foot and Ankle Society*

### **Session 3      Free Papers – Open to AHPs and Junior Doctors**

### **Session 4      Hot Topics in Foot and Ankle Trauma**

Pilon Fractures – indications for treatment in frame – *Mr Bilal Jamal – Consultant Orthopaedic Surgeon, Queen Elizabeth University Hospital, Glasgow*

Fixing calcaneal fractures: sinus tarsi vs extensile lateral approach – *Mr Anish Amin – Consultant Orthopaedic Surgeon, Royal Infirmary of Edinburgh*

Rehab of Complex Ankle Fractures – *Ms Gill Stewart MSK Physio Team Lead, Royal Infirmary of Edinburgh*

**Session 5      Complex case session**