



## Foot & Ankle Scotland Meeting Programme 2022

### Crieff Hydro – Friday 16<sup>th</sup> September 2022

08:30 – 09:10	Coffee and Registration
09:10 – 09:15	Welcome and Introduction - <b>Mr Nnamdi Obi (Consultant Orthopaedic Surgeon, NHS Ayrshire and Arran, FASt Chair)</b>
<b>Session 1</b>	<b>Paediatric Problems in Adult Clinics    Chair: Mr John McKinley</b>
09:15 – 09:35	Flatfoot Correction surgery in young adults – <b>Donald Campbell (Consultant Paediatric and Foot and Ankle Surgeon, NHS Tayside)</b>
09:35 – 09:55	Paediatric and Adolescent Hallux Valgus – <b>Felicity Pease (Consultant Paediatric Orthopaedic Surgeon, NHS Grampian)</b>
09:55 – 10:15	The role of Orthoses in the Adolescent Flatfoot – <b>Christopher Cox (National Centre for Prosthetics and Orthotics, University of Strathclyde)</b>
10:15 – 10:30	Discussion
10:30 - 11:00	Coffee and industry stands
<b>Session 2</b>	<b>Soft Tissue injuries around the Ankle    Chair: Mr Nnamdi Obi</b>
11:00 – 11:20	Syndesmosis Injuries – Surgical management - <b>Bob Carter (Consultant Foot and Ankle Surgeon, Queen Elizabeth University Hospital, Glasgow)</b>
11:20 – 12:00	An individualized approach to ‘Rehab & Prehab’ in Elite Rugby Union – <b>Ali James (Head of Medical Services Wasps Premiership Rugby Club)</b>
12:00 – 12:10	Discussion

12:10 – 12:45 Research Presentations

12:45 – 13:30 Lunch

**Session 3**                      **Diabetes**                      **Chair: Mr James Beastall**

13:30 – 13:50 Use of technology in diabetic foot care – ***Prof Sandra MacRury (Professor of Clinical Diabetes, University of the Highlands and Islands)***

13:50 – 14:10 ‘The Conundrum that is Charcot’ – ***Willie Munro - (Dept of Orthotics NHS Lanarkshire)***

14:10 – 14:50 Outcomes of Charcot Reconstruction – ***Prof Anand Pillai (Consultant Orthopaedic Surgeon, University Hospitals Manchester)***

14:50 – 15:00 Discussion

15:00 – 15:20 Break - Industry stands

**Session 4**                      **Complex Cases**                      **Chair: Mr Senthil Kumar**

15:20 – 15:40 Tips and Tricks in managing chronic deltoid injuries – ***Bob Carter (Consultant Foot and Ankle Surgeon, Queen Elizabeth University Hospital, Glasgow)***

15:40 – 16:00 Restoring function in the lower limb: muscle transfers, nerve transfers and selective neurectomies – ***Steven Lo (Consultant Plastic Surgeon, Glasgow Royal Infirmary)***

16:00 – 16:15 Prizes and close

16:15 – 17:30 AGM