

Programme

08.30	Registration	
09.00	Welcome to FASt 2016	Jane Madeley
09.10	Address to FASt: The direction of foot and ankle care in Scotland	Mark Blyth Kate James

09.50–11.00 **First Session** Chair: Colin Thompson

09.50	The Chronic Achilles Tendon Rupture	Fraser Harrold
10.05	The Ankle Sprain that doesn't get better – do we have the correct diagnosis?	James Beastall
10.20	Questions?	
10.30	Research Presentations	

11.00 **Coffee**

11.30–13.15 **Second Session** Chair: John McKinlay

11.30	Early experience of a new pre- hospital pathway for foot and ankle patients	Nikki Munro
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Programme

11.45	A Community Based, Multi-Disciplinary Complex Foot and Ankle Clinic – A proposed Service Re-design	Charlene Metcalf
12.00	Benefits of Pre-operative Exercise	Jon Dearing
12.15	VTE risks and prophylaxis in the peri-operative period	Robert Clayton
12.30	In-dwelling popliteal block catheter in foot and ankle surgery	William Scott
12.45	Enhanced Recovery in Foot and Ankle Surgery	Kalpesh Shah
13.00	Questions?	

13.15 **Lunch**

14.15 – **Third Session** Chair: **Graham Dall**
15.30

14.15	The Adult Acquired Flat Foot – Pathoanatomy and Grading	Melanie Green
14.30	Non-operative Management – What can be achieved?	Laura Barr
14.45	Is there a role for Arthrodesis in the Adult Flat Foot	Stuart Moir

Programme

14.55 Surgical strategies for the flexible flat foot Hisham Shalaby

15.10 Surgical strategies for the rigid flat foot Robert Carter

15.25 Questions

15.30 Coffee

16.00–17.15 **Fourth Session** Chair: Pete Chan

16.00 Tumours in the Foot and Ankle Ashish Mahendra

16.30 Complex Cases

17.00 Presentation of research prize
End of meeting

17.30–18.30 FAST 2016 AGM Jane Madeley